Swedish-Simply Relaxation

Duration: 60 mins

1,100.00 Php

The Swedish Massage is among the most popular massage in the world. This massage uses a gliding technique that improves circulation, assists lymphatic flow, calms nerves, and promotes relaxation.

Ayuthaya

Duration: 60 mins

1,100.00 Php

This massage combines acupuncture-like pressure and stretching that eases the body and mind. With this treatment, you can enter a magnified state of relaxation and a positive flow of balanced energy.

De Stress : Head, back, shoulder, and neck massage

Duration: 30 mins

The massage is perfect for people who work and sit all day. It is a quick and revitalizing massage that concentrates and eases the soreness on the neck, shoulder, and back muscles.

700.00 Php

Island Body Bliss (Combination of Swedish, Shiatsu & Thai massage)

1,300.00 Php

Duration: 75 mins

A massage that gives you the ancient healing techniques of Japanese Shiatsu, Thai Massage, and deeper Swedish massage strokes. Delve into a deep state of relaxation while your body's energy flows freely, and your muscles become stretched and treated through a variety of rhythmical movements.

Foot and Hand Reflexology

1,100.00 Php

Duration: 60 mins

The foot and hand reflexology traces its history to ancient civilization. This type of massage applies pressure on specific points on the feet and hand, which relieves ailments and restores the body's natural energy flow. It benefits the entire body and gives an overall renewal of vital life-force energy.